

Thanks to our corporate sponsors!



For more information on the Independent Transportation Network® or to make a donation, please complete this form and mail it to: ITNPortland®, 90 Bridge Street, Westbrook ME 04092

- I would like to become a non-riding member for \$40.
- I am interested in volunteering as a driver or office support.
- I am interested in donating or trading a car for rides.
- I am interested in ITN® services for myself, a friend or relative. Please send me an application.
- I would like ITN® to make a presentation to my group.
- Enclosed is my contribution: \$_____
- Please send a CarTrade brochure.

Name _____
 Street _____
 City/Town _____ State ____ Zip _____
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Volunteer Spotlight: Betty Dyer

As a grandmother of three and a busy realtor for Keller Williams Realty, Betty Dyer has her hands full, but that hasn't stopped her from volunteering her time to ITNPortland for the past 11 years. Throughout her life, Betty has always been involved in volunteer work, including serving on a Habitat for Humanity committee. Volunteering for ITN initially appealed to Betty because of how easily she could incorporate her volunteer work into her busy schedule. "It is a great opportunity for people to be able to do something where its not consuming all of their day. People can fit it into their schedule." she said.



Betty's favorite part about volunteering with ITN is joking and laughing with members. "One time I was enjoying the conversation so much, I forgot where I was going. It gave us a few laughs." Betty enjoys the one-on-one relationships that she is able to cultivate through working with ITN. As a realtor, Betty understands how important certain changes in a person's life can be. Whether it's buying a house or giving up the car keys, independence is a vital issue for everyone. "ITN is a grand way of providing a sense of community for folks," said Betty. ITN members and staff are grateful for Betty's lightheartedness and commitment to the ITN mission.

Family Membership Campaign

Senior transportation is a complex problem that touches every family in America. The Family Membership Campaign encourages everyone to support ITN's mission by becoming members of the organization, even if you don't qualify to ride. When older people's transportation needs are met, adult children minimize absenteeism from work, and seniors begin a new chapter in their lives that no longer includes loneliness, dependence or immobility. Communities are more vibrant and streets are safer when dignified alternative transportation is available.

Family and friends who become members receive newsletters, invitations to fundraisers and events, and more. Ask yourself: how many burdens (financial, time, worry, etc.) have been lifted by my loved one's access to the ITN service? Please consider becoming a member of the Independent Transportation Network today to ensure that rides will be available in the future. An annual membership only costs \$40, and a form to join is on the back of this newsletter.

**Welcome
New Members**

Donald Brown
Maxine Brown
Nancy Chadbourne
Joseph Corbut
Mary Lou Corbut
Fran Emery
Lew Emery
Ruth Fraser
Wesley Fraser
Douglas Guy
Martha Irvine
Judith Johnsen
Ray Lynch
June MacNair
Heidi MacQuinn
Elizabeth Maxwell
Lucille Morin
Adrien Noble
Muriel Pelletier
Anne Sabourin
Sarah Scully
Frances Slocum
Mary Stevens
Mary Tevanian
Shirley Tevanian
Donald Van Knowe
Ruth Walls
Evelyn Zaciewski

**New Office
Volunteer**

Gary McCreedy

New Staff

We are very happy to extend a warm welcome to our new dispatcher, John Balentine. John was previously the editor of the Lake Region News. John has also hiked the Appalachian trail!

ITN Receives National Press

The Independent Transportation Network® and its founder Katherine Freund have received very special recognition in the press as of late. National Public Radio broadcast a story on January 1 during Morning Edition featuring ITNPortland's Ruth and Dick Bowman. When explaining why she chose to give up driving, Ruth said, "And just suddenly, I woke up one morning and I thought, 'I don't want to be in an accident. I don't want to kill anybody. I've lost my self-confidence on backing up,' and goodbye car." Ruth traded her car to ITNPortland. Sometimes, Ruth is even picked up in her old Ford. The availability of the ITN service made it much easier for Ruth to stop driving. She uses ITN to go to "Easy- Does-It Yoga" and to visit her husband at the assisted living facility where he lives. Dick uses the service to go to the theater and to volunteer at a local jail. If you missed the NPR story, you can find it online at NPR.org.



Also in recent news, Katherine Freund, founder of ITN and the Executive Director of ITNAmerica, was awarded a 2009 AARP Inspire Award in Washington, DC, at the National Museum of Women in the Arts. The Inspire Awards pay tribute to ten extraordinary people over the age of 50 who have made the world a better place through their innovation, passion, and perseverance. AARP commended Katherine on ITN's mission to provide rides to people over 65 with no restrictions on ride purpose. "It's hard to make a case that the public should fund discretionary rides," Freund said. "But it's easy to make the case that quality of life depends upon them."

Other 2009 Inspire Award recipients include actress and mental health advocate Glenn Close, music impresario and global poverty fighter Quincy Jones, and cancer crusader Dr. Susan Love.

Walk For Rides Volunteers

It's time to start preparing for our annual Walk-for-Rides fundraiser to take place this spring. The event is a wonderful way to promote community awareness of the ITN mission. We need volunteers to help organize the event, distribute brochures and flyers, donate a raffle item, and to solicit corporate teams. If you are interested in helping, please contact the ITN office at 854-0505 .

A Special Thanks to Annual Appeal Donors

ITNPortland would like to extend a warm thank you for the many generous donations that were sent in during our Annual Appeal. As you may know, ITNPortland does not rely on any tax payer dollars for its operations. Your donations remain an invaluable part of ITNPortland's success.

Thanks to your generosity, ITNPortland has raised \$13,262. Remember, it's never too late to give. Please join in ITN's mission to provide dignified and independent transportation for your loved ones.

Thank you for your continued support

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|----------------------|---------------------------|---------------------------|
| Alicia Flaherty | Gertrude Byard | Merrill & Anne Barter |
| Ann Babbitt | Harriet Tibbals | Mike Dubyak |
| Anna Flaherty | H.M. Payson | Nancy Bogg |
| Anne & David | Harold Zagorin | Patricia Miller |
| Maurice | Harriet Weisman | Patricia Nelson-Reade |
| Arlene Ritchie | Howard & Josephine Detmer | Paulyne Dionne |
| Barbara Busby | Howard Zack | Peggy Osher |
| Bertram Silverman | Ida Goldman | PowerPay LLC |
| Bobbie & Len Kielson | James Broderick | Robert Barter |
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| Curt Jodrie | Jim & Kelly Shimansky | Sally Madore |
| Diana Moxhay | Joseph Lucariello | Sandra Goolden |
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| Dorothy Skerritt | Ken Phillips | Scarborough Lions Club |
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| Elizabeth Armstrong | Mark Filler | Town of Cape Elizabeth |
| Elizabeth Fraser | Mary Alice Crabb | Victoria Nolan-Crolius |
| Elizabeth Nichols | Mary Ellen Deschenes | Virginia Nicoll |
| Elizabeth Sansone | Marylee Dodge | William & Jane Moody |
| Elizabeth Serrage | Maxine Sclar | William Ferentz |
| Evelyn Goldstein | Merle Nelson | Yvette Brown |

**Gift Certificates
for
ITN Rides**

ITNPortland now has holiday and birthday gift certificates available. These are thoughtful gifts for loved ones and a special way to show that you care about someone's independence. To order, call ITN at 854-0505.



Wish List

- Donated cars
- Volunteer drivers
- #10 envelopes
- Stamps
- Gift cards (oil changes, car washes)
- Photocopier paper

**Do you enjoy
writing?**

ITNPortland needs volunteers to produce this newsletter. Please call if you like to write or help with the mailing. ITNPortland customers can be volunteers too!